

DO's and DON'TS for Dengue, Chikungunya & Malaria

DO's	DON'TS
Cover all water tanks and containers with well fitted lids to prevent breeding of mosquitoes.	Do not keep water containers open as they can attract mosquitoes to breed.
Empty, scrub and dry the room coolers every week before refilling to prevent breeding of mosquitoes. Paint the insides of coolers before use.	Don't use the old grass of cooler in the next season and properly dispose off the same.
All unused containers, junk materials, tyres, coconut shells etc. should be properly disposed off.	Don't throw broken utensils, unused bottles, tins, old tyres and other junks in open as Aedes mosquitoes breed in these objects.
Change water in flower vases, plant pots, bird pots every week to prevent mosquito breeding.	Don't allow water to stagnate in and around houses.
Cover the toilet seat if going out of home for more than a week.	Don't insist for hospitalization in case of fever unless advised by a doctor.
To avoid mosquito bites wear full-sleeved clothing and use mosquito repellents. Put wire mesh on doors and windows to prevent entry of mosquitoes.	Do not allow children to wear short sleeved clothes and play in water puddles and stagnant water bodies.
Use bed net at home and hospital during dengue fever to prevent mosquito bite and to interrupt transmission. Use aerosol, vaporizers (Coils/Mats) during day time.	Do not create panic. Dengue, Chikungunya and Malaria are treatable.

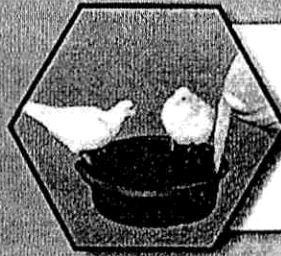
PREVENTION IS BETTER THAN CURE

Mosquitoes spreading Dengue, Malaria & Chikungunya breed in stagnant clean water in and around our homes and offices

PREVENT MOSQUITO BREEDING



Clean & dry coolers atleast once a week. Put ~~to~~ ~~be~~ ~~putro~~ / Temephos granules in those coolers which cannot be emptied.

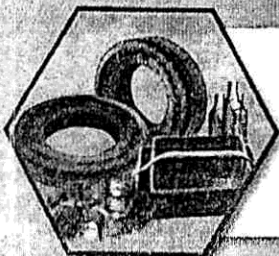


Change water of bird pots regularly.

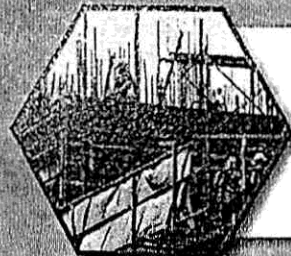
Overhead and other water tanks should be kept covered by tight fitting lid. Put net/cloth on overflow/lair pipe.



Change water of money plants/ indoor plants/ pots/feng shui every week.



Don't keep unused containers, tyres, cups, broken utensils etc. in open.



Prevention of Mosquito breeding at construction site is responsibility of Builder/ Owner.

Helpline Nos. for Better Compliance

	Control Room	DHO	Anti Malaria Officer
Central Zone	29812700	29819445	29819204
South Zone	26522700	26566671	26513077
Najafgarh Zone	28013283	28014535	28010349
West Zone	25422700	25117204	25103415

Toll Free No.
1800-1122-60

On detection of repeated breeding, besides challan Police complaint may be lodged under section 269 IPC.



Public Health Department
South Delhi Municipal Corporation